



LILLESHALL MONUMENTAL 10K & FUN RUN

Sunday 28th March 2010. Start : 10:45am Fun Run; 11:30am 10K

Dear Runner,

Many thanks for applying to run the Lilleshall Monumental 10K race. This is the first running of this race! The race is a challenging scenic one lap course on tracks and fields around Lilleshall with a climb to the top of Lilleshall Monument hill near the end.

The start for both 10K race and Fun Run at Lilleshall Cricket Club, TF10 9HE

£20 prize to 1st male and 1st female and prizes for all categories

Refreshments are available for runners and spectators during the morning and after the race. There are toilets and changing facilities near the start

Lilleshall is located between Telford and Newport. Please follow car park signs from the A518.

Proceeds from the event: go to Lilleshall School Parent Teacher Association

- Races sponsored by **ultrasport**
- Secure bag storage area
- Free parking – but please follow directions on the day.
- To ease traffic congestion in the village and lower our carbon footprint for the race, runners are kindly asked to try to share car transport or offset your journey through <https://climatefriendly.com/car> (WWF, FoE, Greenpeace approved)
- Race report, results and photos on www.newportrunningclub.co.uk